

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 14-04**

**Held at the New Lenox Village Hall / Community Room  
1 Veteran's Parkway New Lenox, IL 60451  
Wednesday May 28, 2014 / 2:30 p.m.**

**Call to Order**

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:30pm.

**In Attendance**

Daniel Martin/NLPD, Arnie Pilmonas/AVP Counseling, Brenda Lutz/Will County Emergency Management Agency, Emily Johnson/New Lenox Chamber of Commerce, Erin Hunter/New Lenox Public Library, Gary Cheney/ShareFest, Jessica Jepsen/Chiro One Wellness, Joe Enzenberger/Dryer Vent Wizard of Will County, Kathie Johnson/New Lenox Township, Lauren Lotz/New Lenox Community Park District, Lisa Kline/SBT Bank, Liz Schwenke/Presence St. Joseph Medical Center, Marisa Schreiber/New Lenox Fire Protection District, Mary Jo Button/St. Jude Parish, and Tom Donegan/Metra.

Also in attendance were the following:

- Cindy Staskiewicz/Chair of the Workplace Safety Task Group
- Rachel Ridge/Rosecrance Health Network
- Alain Murry/New Lenox CERT and Chair of the Emergency Preparedness Task Group
- Noe Santiago/Pinnacle Physical Therapy and Chair of Older Adults Falls Prevention Task Group
- Lain Hammack/Encore Senior Village and Older Adults Falls Prevention Task Group
- Pat Steinkamp / Suicide Prevention and Awareness Task Group

**Approval of the March 26, 2014 Meeting Minutes**

The minutes for the March 26, 2014 meeting were sent to members via email prior to the meeting. Lauren Lotz made a motion to approve the minutes as presented, seconded by Brenda Lutz. After no further discussion, the motion carried and the minutes were approved.

**Presentation / Guest Speaker – Rosecrance Health Network – Rachel Ridge**

Rachel Ridge from Rosecrance and member of the Poisoning by Prescription Drug Overdose Task Group provided those in attendance with an overview Rosecrance services. The presentation was lecture-based and included a Powerpoint. Rachel fielded questions throughout the very informative 20-minute presentation.

**New Business**

**Annual Safe Communities America Conference**

Dan Martin reminded everyone about the Annual Safe Communities America Conference which will be held in Elk Grove Village, IL on August 13<sup>th</sup> and 14<sup>th</sup>. The conference is free for Safe Communities affiliates but those wishing to stay overnight must pay for their own accommodations. The date, time, location and hotel information was outlined in the meeting agenda.

## Old Business

### **Task Group Reports**

#### Emergency Preparedness - Al Murry / New Lenox CERT

Al Murry provided a synopsis of the assistance that he's provided to Trinity Services in the area of emergency preparedness.

In addition to Al's report, Dan Martin provided those in attendance with an update on the New Lenox Community Emergency Response Team (CERT), New Lenox Medical Reserve Corps (MRC) and the New Lenox Search and Rescue (SAR) Team. The update included training and community events that the teams have recently completed.

#### Motor Vehicle / Traffic Safety – Marisa Schrieber / New Lenox Fire Protection District

Marisa Schrieber advised that the April 22<sup>nd</sup> Child Booster Seat event at NLFPD Station #1 was a success. Approximately 20 people attended the event and 20 seats were given to those that participated in the event. In addition, Marisa advised that during the last Task Group meeting (May 14<sup>th</sup>), the group discussed following some of the NHTSA Traffic Safety Campaigns. For example, the week of September 14-20 is Child Passenger Safety Week and it's feasible that a child passenger safety event could be held during that week. Marisa also noted that during the Task Group Meeting, National Safety Council resources were discussed. Those included materials for Distracted Driving Awareness Month, videos, employer cell phone policy kit and statistical data related to traffic crashes. The Task Group is also looking into the feasibility of purchasing or renting a "distracted driving simulator" for the purpose of raising awareness about distracted driving.

#### Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy

Noe Santiago provided a synopsis of the May 14<sup>th</sup> Older Adults Falls Prevention Task Group Meeting. The synopsis included information regarding the recent completion of New Lenox Matter of Balance (MOB) Class #4, which was held at the VFW and graduated on May 12<sup>th</sup>. Noe also mentioned that MOB Class #5 at Encore Senior Village also went well and graduated today (May 28<sup>th</sup>). Noe also mentioned that MOB Class #6 started on May 13<sup>th</sup> and is being held at New Lenox Fire Protection District Station #1. MOB Class #7 will start on July 7<sup>th</sup> and will be held at the New Lenox Public Library.

Noe also advised that Older Adult Falls Prevention Task Group members discussed several things related to the MOB classes. Items included Noe introducing the exercises in week #3, Kathie Johnson scheduling a pharmacist during week #6, Kathie Johnson scheduling a health care professional (Noe will be the back-up) for week #7, and immediately following graduations during week #8, there will be a "lunch and learn." Liz Schwenke advised that Presence Saint Joseph Medical Center will provide the doctor for the presentation and will sponsor the lunch (snacks if it's an afternoon class). Noe advised that he will work with Kathie Johnson regarding the development of "Senior Health Fairs" that will include MOB graduates as well as those that attend the TRIAD meetings.

Dan Martin briefed those in attendance regarding a grant from Northeastern Illinois Agency on Aging, which will provide funding for New Lenox MOB classes 8, 9, 10, and 11.

#### Poisoning by Prescription Drug Overdose – Arnie Pilmonas / AVP Counseling Services

Arnie Pilmonas provided a synopsis of the May 14<sup>th</sup> Poisoning by Prescription Drug Overdose Task Group Meeting. The synopsis included information regarding the New Lenox Police Department's Unwanted Medication Disposal Program. Arnie created a flyer to help promote the program and provided those in attendance with copies. Liz Schwenke advised that she would ask the Graphics Department at Presence Saint Joseph Medical Center to make a "professional" flyer for distribution. Liz advised that she hoped to have the flyer available for the next meeting.

Arnie advised that Marta Keane had mentioned that Will County Land Use would be hosting a few Household Hazardous Waste and Recycling events in the near future. Events include one on May 31<sup>st</sup> (Shorewood/Joliet), one on June 14<sup>th</sup> (Elwood) and one on September 13<sup>th</sup> (New Lenox – in conjunction with ShareFest).

Arnie also mentioned that Rachel Ridge from Rosecrance will be screening the movie Anonymous People later in the evening (May 28<sup>th</sup>). Flyers for the movie were made available for those in attendance.

Lastly, Arnie told the group about a “symposium” on the dangers of prescription drug overdose that the group discussed at the meeting. It was suggested that the event be held this Fall and would include a number of panelists (experts) that could inform the audience about this issue, which is reaching epidemic levels across the country. The Poisoning by Prescription Drug Overdose Task Group will continue to work on the details of the symposium and pass along information as it becomes available.

#### Suicide Prevention and Awareness – Dan Martin / NLPD

Dan Martin advised that the Suicide Prevention and Awareness Task Group is working with Derek Harris and Sertoma Centre to host another Question, Persuade and Refer (QPR) class for the community. The class is scheduled for July 9<sup>th</sup> from 7:00pm to 8:30pm in the Community Room at the New Lenox Village Hall. Martin advised that a flyer has been created and is being distributed throughout the community. Copies were made available to those in attendance.

Dan Martin also provided those in attendance with a synopsis of the May 15<sup>th</sup> Suicide Prevention and Awareness Task Group Meeting. The group discussed the success of the April 10<sup>th</sup> QPR Class at the Village Hall which was attended by 31 residents. In addition, task group members also discussed hosting another Mental Health First Aid Class, possibly with the assistance of Sertoma Centre. The group also discussed a document “A Prioritized Research Agenda for Suicide Prevention: An Action Plan to Save Lives,” by the Action Alliance for Suicide Prevention. The group also discussed New Lenox statistical data for suicide threats, suicide attempts, and completed suicides from January 2014 to May 15<sup>th</sup>. Martin noted the importance of the Task Groups working together and used the example of a 17-year old ingesting her mother’s old prescription medication. This example directly relates to the Poisoning by Prescription Drug Overdose Task Group and the Unwanted Medication Disposal Program.

#### Workplace Safety – Cindy Staskiewicz

Cindy Staskiewicz provided a synopsis of the May 15<sup>th</sup> Workplace Safety Task Group meeting. Cindy advised that she and Dan Martin worked on an Action Plan to reduce injuries and deaths in the workplace. This particular Action Plan included the development of a survey that will be provided to local businesses with the goal of learning what types of injuries are occurring in New Lenox workplaces. The results of the survey will help drive New Lenox Safe Communities programs and initiatives related to the reduction of injuries and deaths in the workplace.

Another Action Plan that was discussed at the last task group meeting was one related to the development of a “model” safety plan or emergency action plan for local businesses. It’s recognized that some small businesses do not have the resources to develop these plans so the goal will be design a template that businesses can utilize, modify and adopt.

Cindy also advised that in furtherance of the task group’s mission, she’s identified a number of useful web sites to view workplace injury data.

#### Youth Sports, Health and Safety – Jessica Jepsen / Chiro One Wellness

Jessica Jepsen advised that the Task Group is currently working on the development of sports injury prevention flyer(s) that will be made available to youth athletic associations groups and others. For example, the flyer would include a description of a particular injury along with signs and symptoms, treatment and prevention.

The flyer(s) will contain pictures and graphics our Safe Communities logo and a disclaimer. Lauren Lotz advised that she would assist the design of the flyer(s). In addition, Lauren suggested that the flyer(s) can be laminated and given to coaches to place on their clipboards or on their backpacks.

**Announcements / Organization Updates**

Those in attendance shared current news and events relevant to their organizations. Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

**Next Meeting Date**

The next meeting will be on **Wednesday June 25, 2014 / 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

**Adjournment**

The meeting was adjourned at approximately 3:50pm