

**MINUTES OF THE REGULAR MEETING OF THE
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

Meeting 15-02

**Held at the New Lenox Village Hall / Community Room
1 Veterans Parkway New Lenox, IL 60451
Wednesday February 25, 2015 / 2:30pm**

Call to Order

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:30pm.

In Attendance

Daniel Martin/NLPD, Bill Byerley/New Lenox ESDA and Illinois Radio League, Brenda Lutz/ Will County Emergency Management Agency, Gary Cheney/ShareFest, Jeannine Prucha/Lincoln-Way Central High School, Joe Enzenberger/Dryer Vent Wizard of Will County, Kathie Johnson/New Lenox Township, Liz Schwenke/Presence St. Joseph Medical Center, Michele Batara/Crisis Line Will-Grundy County, Phil Pfeifer/Baseline Operations, Rachel Ridge/Rosecrance Health Network, and Tom Donegan/Metra.

Also in attendance were the following:

- Patricia Steinkamp, Chair of the Suicide Prevention and Awareness Task Group
- Stephen Kehoe with Silver Cross Hospital
- Katie Christopherson/ATI Physical Therapy
- Kimberly Koning with AVP Counseling
- Anita Lewis Schmoll
- Janlyn Auld with Providence Catholic High School

Approval of the January 28, 2015 Meeting Minutes

The minutes for the January 28, 2015 meeting were sent to members via email prior to the meeting. Liz Schwenke made a motion to approve the minutes as presented, seconded by Bill Byerley. After no further discussion, the motion carried and the minutes were approved.

New Business

None

Old Business

Task Group Reports

Youth Sports, Health and Safety

Phil Pfeifer provided a synopsis of the February 11, 2015 concussion seminar entitled "Understanding Concussions In Youth Sports... What You Need To Know." Phil was one of the speakers as was Dr. Jason Hurbanek (Orthopedic Surgeon – Hinsdale Orthopedics) and Dr. Scot Kinney (Chiropractor – Integrated Physical Medicine). The seminar covered several areas related to youth concussions, including definitions,

symptoms, diagnosis, treatment, establishment of policies (youth sports organizations), return to play protocol, and baseline concussion testing.

Katie Christopherson provided of the Overhead Throwing Injury Workshop, which is being planned for April 8, 2015 at 7:00pm in the Community Room at the New Lenox Village Hall. Katie advised that she and Nichole Greening, also from ATI, are in the process of confirming the speakers for the event. Tentatively, Dr. Hurbanek and Dr. Antkowiak will be the speakers for the event. Dr. Hurbanek will be speaking primarily about the elbow, while Dr. Antkowiak will be speaking primarily about the shoulder. The workshop is designed to address the most common overuse injuries for youth athletes that utilize an overhead motion.

Workplace Safety

No report.

Suicide Prevention and Awareness

Task Group Chair Patricia Steinkamp distributed flyers for the March 11, 2015 Question, Persuade, and Refer (QPR) Class as well as the April 15, 2015 Mental Health First Aid Class. Both classes will be held at the New Lenox Village Hall in the Community Room. Patricia requested those in attendance to attend and / or encourage others to attend.

Patricia also provided a synopsis of the last “Healing Hearts – Survivors of Suicide Support Group” meeting, which was held on February 16, 2015 at the New Lenox Police Department. Patricia also utilized the opportunity to promote the March 16th meeting, which will also be held at the New Lenox Police Department.

Poisoning by Prescription Drug Overdose

Kimberly Koning, who works with Arnie Pilmonas at AVP Counseling, was in attendance to provide the Task Group report. Kimberly advised that Arnie is working on the next New Lenox Patriot article, which will promote the New Lenox Police Department’s Unwanted Medication Disposal Program.

Kimberly also utilized the opportunity to promote the “What Can I Say to Convince Them to Quit?” workshop that Rachel Ridge has been planning through Rosecrance. Rachel also encouraged our members to attend and to assist with marketing this April 30, 2015 event at the Village Hall.

Motor Vehicle / Traffic Safety

No Report.

Older Adults Falls Prevention

Noe Santiago advised that he and Kathie Johnson have scheduled a Matter of Balance (MOB) Coaches Class on March 6, 2015, which will be held in Joliet, IL. In addition, a MOB Coach Refresher Class has been scheduled for March 11, 2015 from 9:00am to 1:00pm and will be held at the New Lenox Police Department.

Noe also advised that the Spring 2015 New Lenox MOB Classes have been firmed up and will be held as follows:

- MOB Class #12 – Mondays, 9:30am to 11:30am, March 23rd thru May 11th at the VFW
- MOB Class #13 – Wednesdays, 1:00pm to 3:00pm, April 8th thru May 27th at the New Lenox Public Library
- MOB Class #14 – Thursdays, 1:00pm to 3:00pm, April 9th thru May 28th at Peace Lutheran Church
- MOB Class #15 – Tuesdays, 9:30am to 11:30am, April 28th thru June 16th at the New Lenox Police Department

Noe also advised that the Task Group (and Matter of Balance Coaches) have been looking at another evidence-based program called “Fit and Strong.” Noe advised that he, Kathie and Dan have spoken to folks at the University of Illinois at Chicago (where the program was created) about the program. If our coalition is able to secure a grant from the Northeastern Illinois Agency on Aging, the Fit and Strong program will become a real possibility.

Emergency Preparedness

Dan Martin provided the Task Group report in Al Murry’s absence. Dan advised that the Community Emergency Response Team (CERT), Medical Reserve Corps (MRC), and Search and Rescue (SAR) Team has been active. Since the last meeting, those volunteer groups have participated in the following activities:

- February 3rd – Emergency Preparedness Presentation for St. Jude Women’s Club
- February 9th – Monthly SAR training was held at Pilcher Park in Joliet, IL
- February 18th – Monthly CERT / MRC training (Disaster Psychology) at the New Lenox Village Hall
- February 21st – Monthly multi-jurisdictional SAR training was held in Plainfield, IL
- February 21st – Informational table (emergency preparedness) at the Liberty Jr. High Fun Fair

Brenda Lutz announced that Severe Weather Week will be March 1st thru the 7th. The State of Illinois Tornado Drill will be held on Tuesday March 3rd.

Brenda also utilized the opportunity to promote the April 21st Severe Weather Spotter Training / Health and Safety Expo, which will be held at Lincoln-Way West High School. The Health and Safety Expo will be from 5:00pm to 7:00pm, followed by the Severe Weather Spotter Training 7:00pm to 9:00pm. Flyers were distributed to those in attendance as were posters for those that had the ability to display them at their facility.

Announcements / Organization Updates

Those in attendance shared current news and events relevant to their organizations. Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

Next Meeting Date

The next meeting will be on **Wednesday March 25, 2015 / 2:30pm**. The meeting will be held in the Training Room at the New Lenox Police Department.

Adjournment

The meeting was adjourned at approximately 3:45pm.