



Village of New Lenox / New Lenox Police Department COMMUNITY EMERGENCY RESPONSE TEAM

Volume 3 - Issue 2

April 2013

6-MILE HIKE OF THE WAUPONSEE GLACIAL TRAIL – JANUARY 12, 2013

Twelve members of the New Lenox CERT / MRC met at the Forest Preserve of Will County's Sugar Creek Preserve at 8:00am on Saturday January 12, 2013 for a 6-mile hike. Here's a little bit about the Wauponsee Glacial Trail from the Forest Preserve District of Will County's web site:

- The 274-acre Wauponsee Glacial Trail was acquired between 2004 and 2010. Prior to the District's acquisition of the land, it was two abandoned railroads.
- The Wauponsee Glacial Trail travels 22.29 miles from Joliet south through Manhattan and Symerton to Custer Park.
- The northern segment of the trail travels 2.8 miles from the Sugar Creek Preserve north to Rowell Avenue in Joliet.
- The southern segment of the trail extends an additional 19.49 miles from the Sugar Creek Preserve south to the Kankakee River. This flat, crushed limestone segment of the trail travels through prairies and is ideal for biking, horseback riding, hiking/running, cross-country skiing and snowshoeing.



Considering the fact that it was the middle of January, it was a pretty mild day for a hike. The temperature was 48 degrees at 8:00am when the group began hiking the trail southbound across Laraway Road. A steady pace of approximately 3mph was kept causing our arrival time at Baker Road to be 9:00am right on the dot. After a short break for water and conversation, the trek back to the parking lot began. Debbie Jones earned the "Most Environmentally Friendly Hiker" of the day due to her tireless efforts of picking up trash along the way. Debbie collected several bags of trash with her specially made "trash picker upper" and was able to keep up with the group the whole time. Arriving back in the parking lot of the Sugar Creek Preserve at 10:00am the group seemed satisfied with their efforts and sense of accomplishment. Hiking the Wauponsee Glacial Trail was a great experience, in part because of the great company!

"PREPPING 101" AND VEHICLE MAINTENANCE/EMERGENCY KITS – JANUARY 15, 2013

On Tuesday January 15, 2013 at 7:00pm twenty-eight members of the New Lenox CERT / MRC and New Lenox CERT Meetup Group met in the Community Room at the New Lenox Village Hall for a training session. Dave Lotz drew from his 35-years experience in the automotive industry to provide attendees with an overview of vehicle maintenance which included everything from checking fluid levels to how to properly jump start a car. Dave also discussed what to have in a vehicle emergency kit and emphasized special items to keep in the kit during winter months. Dave's presentation prompted some great questions and follow-up discussion. Special thanks to Dave for sharing his knowledge to keep our membership safe!



Pete Simon utilized his preparedness experience to deliver an overview of "prepping." Pete defined prepping as "the ongoing act of so ordering one's personal situation so that when disaster or adversity strike, that person is not a victim, refugee or casualty." During Pete's presentation he dispelled myths about folks that "prep" as being crazy, paranoid, delusional, conspiracy-minded and apocryphal. Pete provided a step-by-step practical approach to prepping for those in attendance which included elements such as where to start, how to budget and things that can be done relatively easily – right now. Pete's presentation prompted some great discussion points which everyone thoroughly enjoyed. Thanks for sharing your knowledge with others Pete!



Our Core Principles:

- Readiness
- Member Safety
- People Helping People
- Doing the greatest good for the greatest number of people...

Recent Activities:

6-Mile Hike of Wauponsee Glacial Trail	1
Prepping 101	1
Semi-Annual Meeting	2
Red Cross Shelter Manager Workshop	2
Red Cross Live Action Shelter Drill	2
Basic Navigation	3
Wilderness & Remote First Aid	3
Active Shooter-What You Can Do	4
Ground Search & Rescue	4
Preparedness Presentations	5
Radio Communications	5

Upcoming Events:

Mark Your Calendar	3
--------------------	---

Member Spotlight

Dan Johnson	6
-------------	---

SEMI-ANNUAL MEETING - JANUARY 23, 2013

At 7:00pm on Wednesday January 23, 2013 the New Lenox CERT / MRC held its Semi-Annual Meeting in the Community Room at the New Lenox Village Hall. Sixty-seven team members attended the meeting which concluded at 8:30pm. During the meeting reports were given from the Chairs of the Training, Functional Needs, Public Information / Emergency Preparedness, Shelter Management and Pet Preparedness Committees. It was exciting to learn about all that's being planned by our team's committees in 2013!



An explanation for our team's new "Meetup Group" was provided by Public Safety Division Chief Daniel Martin who created the group in early January. At the time of this writing, several "Meetups" already occurred, some of which were created by group members. The "Meetup Group" was designed to alleviate the Training Committee's responsibility for planning smaller events and social activities. It will also serve as a tool to recruit new members and keep our current members active and engaged.

The Medical Reserve Corps was discussed including the unit's strategic plan and standard operating guidelines. In addition, a discussion was held regarding our unit's leadership, organizational structure, unit composition, volunteer recruitment, training and additional activities (community events) were also discussed.

Considerable time was also spent discussing the Illinois SAR Council's Basic Land Navigation and Ground Search and Rescue Courses. The courses will provide the foundation for our new Search and Rescue (SAR) Team that's currently under development. Bill Evans, Lieutenant with the Will County Emergency Management Agency's SAR, explained the courses as well as what would be required of SAR members moving forward.

The April 20th Will County CERT Symposium was discussed as was the September 28th Prairie State CERT Challenge. Following these discussions, time was allotted for questions and further discussion. Following the meeting's adjournment, a number of team members remained to socialize and enjoy some homemade treats that were brought in by Sally VanCura and Debbie Jones.

AMERICAN RED CROSS SHELTER MANAGER'S WORKSHOP – FEBRUARY 6, 2013



American Red Cross
of Greater Chicago

On Wednesday February 6, 2013 from 6:00pm to 9:00pm the New Lenox CERT / MRC hosted an American Red Cross Shelter Manager's Workshop in the Community Room at the New Lenox Village Hall. Twenty-seven members of the New Lenox CERT / MRC attended the training along with three members of New Lenox Emergency Services. Adam Runkle from the Chicago Chapter of the American Red Cross was the instructor for the course which covered areas such as client registration, dormitory management, health services, clients with functional needs, volunteer management and logistics. The course was a precursor to the Shelter Live-Action Drill which was scheduled for Saturday February 9, 2013.



AMERICAN RED CROSS LIVE ACTION SHELTER DRILL – FEBRUARY 9, 2013

On Saturday February 9, 2013 from 9:30am to 1:00pm twenty-six members of the New Lenox CERT / MRC and three members of New Lenox Emergency Services participated in a Live Action Shelter Drill. The drill was held in the Community Room and Rotunda of the New Lenox Village Hall under the direction of instructors from the Chicago Chapter of the American Red Cross. To kick-off the exercise, participants were divided into two groups; one group providing services and the other group role playing "clients" in need of shelter.

Approximately 30 cots, equipped with two blankets, were set-up in the Community Room. Registration tables and a Health Services area were established in the Village Hall Rotunda. Following commencement of the exercise, "clients" approached the registration tables where shelter registration forms and shelter intake / assessment forms were completed. "Client" roles included individuals that were intoxicated, registered sex offenders, hearing impaired, combative, fugitives from justice, emotionally distressed, medical illness and those accompanied by pets. Following each group's turn as "clients" or shelter volunteers, a de-briefing was conducted. During the de-briefing each of the roles was discussed along with how each group handled the situation. A variety of questions and discussion arose from each of the de-briefings which proved to be very informative. Following the exercise participants disassembled the cots which were returned to the American Red Cross trailer.



A portion of the printing costs of this newsletter have been donated by Perma-Graphic Printers, New Lenox, Illinois (815) 485-6955

Doing the greatest good for the greatest number of people . . .

BASIC NAVIGATION – FEBRUARY 23, 2013



On Saturday February 23, 2013 the New Lenox CERT / MRC held training in the Community Room at the New Lenox Village Hall. Forty team members participated in an 8-hour Basic Navigation (BNAV) Course which was taught by instructors from the Illinois Search and Rescue Council (ISARC) and the Will County Emergency Management Agency's SAR Team. Registration began at 8:00am with the lead instructor Kimberly Gotte starting the class at 8:15am. Kimberly explained to those in



attendance that the BNAV Course was designed to provide the necessary training for a searcher to perform essential basic land navigation tasks on a search mission. General navigation concepts, compass work, map reading, non-compass methods of navigation, pacing / distance determination and basic map details are covered during the course. Kimberly spent the morning covering these concepts through a lecture and a Power Point presentation. Each participant was also provided with a BNAV Student Manual which followed the Power Point presentation.

Participants were given a break for lunch and were asked to meet at Haines Park by 1:00pm. The next three-and-a-half hours were spent doing practical exercises such as pacing / distance, finding markers by compass readings / distances and navigating around obstacles. Participants were divided into teams of 3-5 people and despite the cold weather, had a great time completing the exercises with their compasses. Training ended at approximately 4:30pm with everyone thanking the instructors for their efforts throughout the day.



WILDERNESS AND REMOTE FIRST AID – FEBRUARY 27, 2013



On Wednesday February 27, 2013 from 7:00pm to 8:30pm the New Lenox CERT / MRC held training in the Community Room at the New Lenox Village Hall. Approximately 40 team members were in attendance for a presentation on Wilderness and Remote First Aid that was conducted by staff from Presence St. Joseph Medical Center. Staff members included Dr. Daniel Bartgen – Emergency Medicine, and Trauma RNs Leslie Livett and Ann Podoba.



The Power Point-based presentation included a variety of scenarios wherein individuals could find themselves in remote areas (hiking, camping or climbing) and then sustain a life-threatening injury. The presentation included injuries such as lacerations, fractures, allergic reactions, and other injuries that require immediate treatment due to shock. Dr. Bartgen offered a number of recommendations regarding preparing for these events, including the types of medical supplies that could be utilized to stabilize an injured person.

In addition to the lecture, those in attendance participated in several hands-on scenarios. The scenarios required participants to walk-through triage and treatment steps as well as the application of dressings, bandages and splints. Special thanks to the staff at Presence St. Joseph Medical Center for their time and an excellent presentation.

MARK YOUR CALENDAR

- Will County CERT Symposium – Saturday April 20th / 8:00am at Local 150 Operating Engineers Wilmington, IL
- *CERT Train-the Trainer – Saturday and Sunday May 4th & 5th / 8:00am at WCEMA Joliet, IL
- Loyalty Day Parade – Saturday May 4th / 1:00pm on Cedar Road at 4th Street
- NLSA #122 PTO 5K Run – Saturday May 18th / 7:00am at NLPD
- Monthly Training – Wednesday May 22nd / 7:00pm at New Lenox Village Hall
- New Lenox Chamber of Commerce Chasing the Sun 5K / 8K Run – Thursday June 6th / 6:00pm at NLPD
- Monthly Training – Thursday June 20th / 7:00pm at NLPD
- Triple Play Concert Bad Company – Saturday June 29th / 4:00pm at NLPD



*registration required for CERT Train-the Trainer

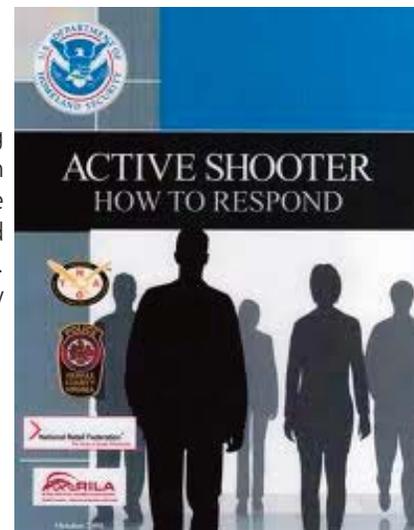
ACTIVE SHOOTER: WHAT YOU CAN DO – FEBRUARY 21, 2013

On Thursday February 21, 2013 from 7:00pm to 8:30pm the New Lenox CERT / MRC held training in the Community Room at the New Lenox Village Hall. Approximately 60 team members were in attendance for Bill McGuire’s “Active Shooter: What You Can Do” presentation. Bill started the presentation with a Department of Homeland Security video, “Run, Hide, Fight” which provided an overview of what civilians can do if an active shooter enters a public or private establishment. Bill then went into the Power Point presentation which is based on FEMA’s Independent Study Program IS-00907 “Active Shooter: What You Can Do.” The course objectives included:

- Actions to be taken when confronted with an active shooter
- What to expect from law enforcement officers during their response
- Recognizing potential workplace violence indicators
- Actions to be taken to prevent and prepare for potential active shooter incidents
- How to manage the consequences of an active shooter incident

The training included a hands-on exercise where those in attendance were divided into two groups. The groups were then given separate rooms to evaluate and determine what items in those rooms could be utilized to neutralize an active shooter. The groups came up with creative ideas such as throwing ice on the floor, throwing cans and bottles, utilizing a fire extinguisher as a blunt object or to spray in the intruder’s face and many other things that they might not otherwise thought of prior to the training.

Those in attendance were provided a link to take the online “Active Shooter: What You Can Do” exam. To date, more than two dozen team members have completed the exam and received certificates from FEMA. Special thanks to Bill McGuire for an excellent presentation!



GROUND SEARCH AND RESCUE – MARCH 9TH AND 10TH

On Saturday March 9th and Sunday March 10th the New Lenox CERT / MRC hosted a 16-hour Ground Search and Rescue (GSAR) Course which attracted over 30 students, 28 of which were from our team. Everyone arrived in the Community Room at the New Lenox Village Hall at 8:00am on Saturday and the class started promptly at 8:15am. Kimberly Gotte from the Illinois Search and Rescue Council (ISARC) was the lead instructor and she was assisted by individuals from the Will County Emergency Management Agency SAR, Plainfield SAR and Naperville SAR.



The Ground SAR Course is considered the basic training course for personnel who have responsibilities to respond to a SAR incident as a field searcher. The course provides a broad overview of SAR fundamentals, lost person behavior, scope of SAR operations, SAR resources, search techniques, and search crew field operations. The course is designed to provide the training necessary for emergency management personnel to function on a SAR mission as specified in the ESDA Administrative Rule. The course is intended for all emergency responders, including police, fire, emergency management, and parks & recreation personnel, who might be involved in a search incident during the normal course of their duties.

Saturday morning was spent in the classroom while the afternoon and evening was spent at the Forest Preserve District of Will County’s Hickory Creek Preserve (Barrens Access). At this location participants conducted field exercises which included field searches for evidence (playing cards) and wooded searches for articles (clothing). The practical portion of the training concluded at approximately 9:30pm.

On Sunday March 10th instructors and students returned to the Hickory Creek Preserve where day two of the practical portion of the training commenced at 9:00am. Instructors led the participants through additional article search scenarios, wrapping up at approximately 12:00pm. Everyone then met at the pavilion near the parking lot where a de-briefing of the two day course was held. Following the de-briefing participants were issued certificates of completion and were dismissed at approximately 12:30pm. The instructors did an excellent job and those that participated thoroughly enjoyed the course.



Doing the greatest good for the greatest number of people . . .

2013 PREPAREDNESS PRESENTATIONS

New Lenox CERT Member Al Murry has been on a tear during the first few months of 2013. Al has given preparedness presentations at ITT in Orland Park, Trinity Services (Social Club, Behavioral Health & Functional Needs), Jones Elementary School in Joliet, Oster-Oakview School and Mokena Elementary School in Mokena. Al's presentations have been given to college students, social service professionals, school children and Cub Scouts. Al's presentations cover preparation for disasters and based on the audience, they've also included severe weather and fire safety.

Al is undoubtedly one of our most dedicated team members who has great organizational skills and attention to detail. Al constantly strives to improve his presentations by soliciting feedback from requesting organizations. Here are a few comments that have been submitted:

- "We liked that we could be involved with the presentation and that it was hands-on (fire extinguisher, carbon monoxide detector)."
- "We liked that we learned how to be safe during an emergency."
- "Very informational with lots of information about fire safety."
- "Giving because he gave us (emergency) whistles."

The last comment references Al's generosity. Al has taken upon himself to purchase green CERT (emergency) whistles and gives them out as prizes when students answer questions correctly. Al has a number of additional presentations scheduled for the months to come which will undoubtedly be enjoyed by many. Thank you Al for your knowledge, spirit, time, and generosity – keep up the great work!



RADIO COMMUNICATIONS – MARCH 19, 2013



On Thursday March 19, 2013 approximately 60 members of the New Lenox CERT / MRC attended our monthly training event. The training was held at the New Lenox Police Department at 7:00pm and concluded at approximately 8:30pm. Training Committee member Tricia Pakosz did an excellent job planning the event by contacting the Illinois Radio League (amateur radio) and the Will County Emergency Management Agency for presentations.

Bill Byerley from the Illinois Radio League and Will County ARES was the first presenter. Bill provided an overview of amateur radio operations which included an explanation of radio frequencies, equipment, protocol and a description of various licenses. Bill's presentation included a Power Point as well as a live demonstration of amateur radio communications. Throughout the presentation attendees were afforded an opportunity to ask questions and were able to examine various types of radios. Tricia and Bill provided handouts to go along with the presentation, including a flyer for an upcoming Basic Technician Class.



Bob Mierop, Assistant Chief of the Field Services Division for the Will County Emergency Management Agency (WCEMA) then provided an excellent overview of the services provided by the WCEMA. The presentation focused on communications, including a detailed description of the capabilities of their new 1.2 million dollar mobile command center. Bob also provided an overview of the ITECS trailer including its capabilities during both emergency and non-emergency situations. Following the presentation, everyone in attendance was afforded an opportunity to take tours of both the mobile command center and ITECS trailer. The tours were provided by WCEMA volunteers who were extremely knowledgeable and informative.



Additional Information

Daniel Martin

Public Safety Division Chief
 New Lenox Police Department
 Phone: 815-462-6100
 Fax: 815-462-6101
 Email: dmartin@newlenox.net



Visit us on Facebook
[http://www.facebook.com/
 NewLenoxCERT](http://www.facebook.com/NewLenoxCERT)



[http://www.meetup.com/
 New-Lenox-Community-
 Emergency-Response-Team-CERT/](http://www.meetup.com/New-Lenox-Community-Emergency-Response-Team-CERT/)

**COMMUNITY EMERGENCY RESPONSE TEAM
 20-HOUR BASIC CLASSES**

CERT Class #7 Graduated on Saturday October 20, 2012. With the graduation of 30 more people, 221 citizens have completed the New Lenox CERT Program in just three short years. Congratulations new graduates and welcome to the team! Those interested in registering for the next (TBD) 20-Hour Basic CERT Course, please contact Public Safety Division Chief Daniel Martin at the New Lenox Police Department by phone (815) 462-6100 or email dmartin@newlenox.net.

Congratulations to the following classes:

- Class 1 Graduation 10/17/2009
- Class 2 Graduation 12/05/2009
- Class 3 Graduation 02/27/2010
- Class 4 Graduation 10/30/2010
- Class 5 Graduation 04/09/2011
- Class 6 Graduation 11/12/2011
- Class 7 Graduation 10/20/2012

To learn more about the CERT program and the 20-Hour Basic Class, visit <http://www.citizen corps.gov/cert/> and www.safenewlenox.org

**MEMBER SPOTLIGHT:
 DAN JOHNSON**



I was born and raised on the south side of Chicago. My wife, her two sons and I moved into Frankfort after we married in 2003. I have been working in the Business Continuity and Disaster Recovery field since 1998 and received my Certified Business Continuity Professional (CBCP) certification in 2003. I have facilitated dozens of recovery exercises and managed countless actual recovery events such as fires, floods and power outages. You may recall the LaSalle Bank fire in downtown Chicago in 2004. This was the largest high-rise fire in the history of Chicago. My teammates and I were able to recover all of our company divisions without interruption. The testing program we implemented, including continuous testing and training with our employees really paid off!

I am currently serving my sixth year on the board for the Business Resumption Planners Association, a not for profit association of people located in the Chicago area that are employed in all aspects of disaster recovery and business continuity planning. Our bi-monthly meetings are excellent for information sharing, networking and viewing presentations from top notch speakers in the industry.

I became interested in CERT because my profession is all about being prepared, so I felt that I should also be more prepared at home. Since joining New Lenox CERT in 2010, I have met some wonderful people, learned about keeping your family and community prepared and I am proud to be a member of the first place 2011 Prairie State Challenge Team. The monthly training classes always offer valuable education on safety, preparedness and working together as a team. I am much more prepared at home but I also feel that being part of the New Lenox CERT Team, I will be able to assist the entire community should the need ever arise. In all aspects of my life, professional and personal, I always prepare for the worst but hope for the best!



FEMA



American Red Cross

