



Village of New Lenox / New Lenox Police Department COMMUNITY EMERGENCY RESPONSE TEAM

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July 2011

YOUTH EMERGENCY PREPAREDNESS CONFERENCE

What do you do when kids ask about disasters, or preparing? When it comes to emergency and disaster preparedness, there's not exactly a shortage of material. Ready.gov is the main website where such information can be found and downloaded, and there are any number of books available on the topic. But almost all of this is written for grown-ups.

Here at New Lenox CERT we definitely recognize this gap. We think it's important to educate and enable the whole family; this definitely includes kids. A large part of our organization's mandate is to help people prepare for emergencies and disasters, and we're working to find the best ways to include youth in this.

On Friday June 24, 2011 several New Lenox CERT members attended the Youth Emergency Preparedness Conference in Chicago, IL to determine how we might broaden some of our education practices to include whole-family preparedness. The conference was sponsored by FEMA and Region 5 (Illinois, Indiana, Michigan, Minnesota, Ohio and Wisconsin) Administrator Andrew Velasquez was the keynote speaker.

As a result of this conference, we're currently researching the development and implementation of a youth preparedness program within the community. Stay tuned for more information as this initiative moves forward with assistance from several of our dedicated team members.

Special thanks to Pete Simon for this submission



Our Core Principles:

- Readiness
- Member Safety
- People Helping People
- Doing the greatest good for the greatest number of people...

LOYALTY DAY PARADE

On Saturday May 1, 2011 the New Lenox CERT / MRC participated in the Loyalty Day Parade. Team members constructed a float from a flatbed trailer and decorated it with banners, streamers and balloons.



Team members rode on the float and walked in the parade, handing out candy and preparedness materials from

several thousand citizens. Approximately 40 team members participated in the parade which was viewed by several thousand citizens.

Ready.gov. Materials included Disaster Supply Kit brochures, Family Emergency Plan brochures, Preparing Animals for Disasters brochures and other preparedness materials.

Recent Activities:

Youth Emergency Preparedness 1

Loyalty Day Parade 1

Injury Prevention 1

CERT Training May 2

Jefferson Starship Concert 2

French Market 2

CERT Training June ... 3

National Preparedness Month 3

New Lenox Experience 3

INJURY PREVENTION



On Thursday May 12, 2011 the New Lenox Safe Communities America Coalition and Citizen Corps Council, in partnership with AthletiCo, sponsored an injury prevention lecture at 7:00pm in the Community Room at the New Lenox Village Hall. The lecture focused on cheerleading and gymnastics injuries. The following individuals provided information:

Sarah Clough, PT, MPT, NASM-PES, cert. MDT – AthletiCo
Prevention of Low Back Pain in the Sort of Cheerleading

Brad Klein, ATC, PES, CKTP – AthletiCo
Injury Management: What to Do if a Cheerleader is Hurt

Dr. Eric Lee, MD – Oak Orthopedics
Concussion Management

Patrick Becker, PT, SCS – AthletiCo
Post-Concussion Rehabilitation

The lecture was Power Point-based and included hands-on demonstrations as well as hand outs. Approximately 25 individuals attended the lecture, including several cheerleading coaches and members of the New Lenox CERT / MRC.

Upcoming Events:

Mark Your Calendar... 3

Member Spotlight

Tania Mora 4

NEW LENOX CERT / MRC - MAY TRAINING



On Saturday May 21, 2011 the New Lenox CERT / MRC held training from 8:00am to 1:00pm. Team members had prior knowledge of the training date and approximate time but had no knowledge of the location or what type of training

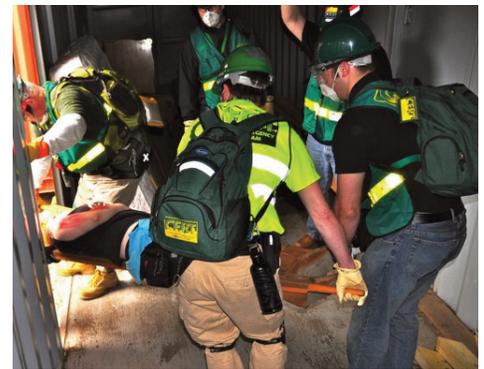
was planned. At 8:00am team members received an email with reporting instructions to Frankfort Fire Station #3. The email was followed by a text message and phone calls to the team leaders. The team leaders in turn called their team members to ensure they would be en route to the training event.

At Frankfort Fire Station #3 "Incident Command" was established and a scenario was given to the "Incident Commander" and his staff. The incident prompted teams to be formed to handle various scenarios which were established in the form of "stations" inside and outside the facility. Several scenarios were held in large shipping containers that had been modified for training purposes.

The stations were as follows:

- | | |
|--|---|
| Search for objects
(outside-shipping container) | Cribbing |
| Transport | Team Building |
| Med Ops | Search for objects
(inside-framed structure) |
| Triage | |

Seven teams, each led by a designated team leader, worked their way through the stations until each had been completed. Following completion of the stations, all participants were provided with lunch which was followed by a short de-briefing of the event. Approximately 70 team members participated in the training event along with 16 evaluators and 16 role players (victims). The Training Committee spent several months planning this event which turned out great and was well-received by team members.



JEFFERSON STARSHIP CONCERT

On Saturday June 4, 2011 fourteen members of the New Lenox CERT / MRC assisted with the Jefferson Starship Concert, the first of three concerts in the Village's Triple Play Concert Series. CERT / MRC members met at the New Lenox Police Department at 4:30pm for a briefing with New Lenox Police Department Officers. Following the briefing all CERT / MRC members arrived at their "posts" at 5:00pm. CERT / MRC member assignments included securing the northern perimeter of the Village Commons between the New Lenox Public Library and the Performing Arts Pavilion. Each team member carried first aid kits and were prepared to treat minor injuries and / or assist New Lenox Fire Protection District personnel.

The concert ended at approximately 10:30pm at which time CERT / MRC members assisted with pedestrian egress from the Village Commons. A de-briefing was held at the New Lenox Police Department and the detail concluded at approximately 11:00pm.



Dale Alexander, Adam Bulthuis and Dan Martin
Photo courtesy of Burns Photography

FRENCH MARKET

On Saturday June 11, 2011 from 7:00am to 1:00pm seven members of the New Lenox CERT/MRC staffed an informational table at the French Farmer's Market which is located in the upper level parking lot of the New Lenox Village Hall complex. In attendance were representatives from the Public Information, Functional Needs and Shelter Committees. Literature specific to each respective committee was on hand along brochures from Ready.gov. Team members also provided public health information as well as New Lenox CERT / MRC brochures. Team members staffed the table and were available to answer questions regarding the literature as well as general questions about the New Lenox CERT/MRC program.



Pictured (Left to right):
Kathy Fandl, Tania Mora, Dale Alexander, Ramona Young, Shelley Halach, Al Murry

Additional Information

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Visit us on Facebook

<http://www.facebook.com/NewLenoxCERT>

COMMUNITY EMERGENCY RESPONSE TEAM

CERT Class #5's Final Exercise and Graduation was held on Saturday April 9, 2011. Congratulations to this great group of 25 residents who did an excellent job during their 7-week course. Much like previous CERT classes, this class was comprised of residents with a variety of backgrounds and experiences. CERT class #5 "students" have already integrated into the team and are doing a fantastic job. CERT Class #6 is tentatively being planned for the Fall of 2011, although no definitive dates have been selected.

Welcome CERT Class #5 and Congratulations!

- Class 1 Graduation 10/17/2009
- Class 2 Graduation 12/05/2009
- Class 3 Graduation 02/27/2010
- Class 4 Graduation 10/30/2010
- Class 5 Graduation 04/09/2011

**Contact Daniel Martin
 at the New Lenox Police
 Department to Register**

**MEMBER SPOTLIGHT:
 TANIA MORA**



I was born in Havana, Cuba and immigrated to the US with my family in 1966 after living a year in a Methodist Mission with other Cuban refugees in Mexico City. I was always in awe of the lady that ran the mission, her

I think it was Miss Hill that inspired me to volunteer. I felt that I needed to repay her kindness in some way. So when I learned that New Lenox was creating a CERT team I thought it would be a perfect way for me to help my new community and to honor Miss Hill in a small way. I had no idea that becoming a member of CERT would help me in so many ways: I've become more aware of safety issues at work and home and created an emergency kit for everyone in my family; I've learned first aid and traffic control (FUN!), but the biggest benefit has been meeting all the wonderful people on our team that I probably would never have met if not for CERT.

name was Miss Helen Hill and she was devoted to missionary work. I was only 1 when we lived with Miss Hill, but she kept in touch with us through the years so I got to know her through her letters and was fortunate to meet her years later when she visited Chicago. Miss Hill died a couple years ago at a retirement home for Missionaries in North Carolina; she was in her 80's.

I've recently become Co-Chair of the Functional Needs Committee and I feel that we can really make a difference in our community by empowering People with Disabilities to be more self-reliant in the wake of an emergency.



Don't Drop the Ball!

**Resolve
 to be
 Ready
 in 2011!**
 ready.gov



FEMA



**American
 Red Cross**

